

Moksha Writings On Psychedelics Amp The Visionary Experience Aldous Huxley

Moksha How to Change Your Mind The Psychedelic Experience Moksha Trip A Really Good Day Sacred Knowledge Neuropsychodelia Handbook of Medical Hallucinogens Psychedelics and Spirituality Psychedelics This Is Your Mind on Plants American Trip Psychedelic Psychiatry Philosophy of Psychedelics The Psychedelic Explorer's Guide LSD, My Problem Child How Psychedelics Can Help Save the World Behavioral Neurobiology of Psychedelic Drugs Psychedelics The Psilocybin Connection Psychedelics and Psychotherapy The Wild Kindness Owsley and Me Psychedelic Medicine The Immortality Key Psychedelic Refugee The Divine Spark: A Graham Hancock Reader Outside Looking In Changing Our Minds Medical Psychedelics: The Evidence-Based Textbook about the Clinical Applications of Lsd, Psilocybin, Ayahuasca, Dmt, Mdma and Ketamine Mescaline Consciousness Medicine Breaking Convention Beyond Zero and One Psychedelic Mysteries of the Feminine Psychedelic Psychiatry Zig Zag Zen Writing on Drugs Travel and Drugs in Twentieth-Century Literature

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LSD, My Problem Child Jun 13 2021 This is the story of LSD told by a concerned yet hopeful father, organic chemist Albert Hofmann. He traces LSDs path from a promising psychiatric research medicine to a recreational drug sparking hysteria and prohibition. We follow Dr. Hofmanns trek across Mexico to discover sacred plants related to LSD, and listen in as he corresponds with other notable figures about his remarkable discovery. Underlying it all is Dr. Hofmanns powerful conclusion that mystical experience may be our planets best hope for survival. Whether induced by LSD, meditation, or arising spontaneously, such experiences help us to comprehend the wonder, the mystery of the divine in the microcosm of the atom, in the macrocosm of the spiral nebula, in the seeds of plants, in the body and soul of people. Now, more than sixty years after the birth of Albert Hofmanns problem child, his vision of its true potential is more relevant, and more needed, than ever.

Travel and Drugs in Twentieth-Century Literature Jun 20 2019 This book examines the connections between two disparate yet persistently bound thematics -- mobility and intoxication -- and explores their central yet frequently misunderstood role in constructing subjectivity following the 1960s. Emerging from profound mid-twentieth-century changes in how drugs and travel were imagined, the conceptual nexus discussed sheds new light on British and North American responses to sixties counterculture. With readings of Aldous Huxley, William Burroughs, Alex Garland, Hunter S. Thompson, and Robert Sedlack, Banco traces twin arguments, looking at the ways travel is imagined as a disciplinary force acting upon the creative, destabilizing powers of psychedelic intoxication; and exploring the ways drugs help construct travel spaces and practices as, at times, revolutionary, and at other times, neo-colonial. By following a sequence of shifting understandings of drug and travel orthodoxies, this book traverses fraught and irresistibly linked terrains from the late 1950s up to a period marked by international, postmodern tourism. As such, it helps illuminate a world where tourism is continually expanding yet constantly circumscribed, and where illegal drugs are both increasingly unregulated in the global economy and perceived more and more as crucial agents in the construction of human subjectivity.

Psychedelic Mysteries of the Feminine Oct 25 2019 An exploration of the connections between feminine consciousness and altered states from ancient times to present day • Explores the feminine qualities of the psychedelic self, ancient female roots of shamanism, and how altered states naturally tap into the female archetype • Discusses feminist psychedelic activism, female ecstasies, goddess consciousness, the dark feminine, and embodied paths to ecstasy • Includes contributions by Martina Hoffmann, Amanda Sage, Carl Ruck, and others Women have been shamans since time immemorial, not only because women have innate intuitive gifts, but also because the female body is wired to more easily experience altered states, such as during the process of birth. Whether female or male, the altered states produced by psychedelics and ecstatic trance expand our minds to tap into and enhance our feminine states of consciousness as well as reconnect us to the web of life. In this book, we discover the transformative powers of feminine consciousness and altered states as revealed by contributors both female and male,

including revered scholars, visionary artists, anthropologists, modern shamans, witches, psychotherapists, and policy makers. The book begins with a deep look at the archetypal dimensions of the feminine principle and how entheogens give us open access to these ancient archetypes, including goddess consciousness and the dark feminine. The contributors examine the female roots of shamanism, including the role of women in the ancient rites of Dionysus, the Eleusinian Sacrament, and Norse witchcraft. They explore psychedelic and embodied paths to ecstasy, such as trance dance, holotropic breathwork, and the similarities of giving birth and taking mind-altering drugs. Looking at the healing potential of the feminine and altered states, they discuss the power of plant medicines, including ayahuasca, and the recasting of the medicine-woman archetype for the modern world. They explore the feminine in the creative process and discuss feminist psychedelic activism, sounding the call for more female voices in the psychedelic research community. Sharing the power of “femtheogenic” wisdom to help us move beyond a patriarchal society, this book reveals how feminine consciousness, when intermingled with psychedelic knowledge, carries and imparts the essence of inclusivity, interconnectedness, and balance our world needs to heal and consciously evolve.

Psychedelic Medicine Oct 05 2020 Explores the potential of psychedelics as medicine and the intersections of politics, science, and psychedelics • Explores the tumultuous history of psychedelic research, the efforts to restore psychedelic therapies, and the links between psychiatric drugs and mental illness • Offers non-technical summaries of the most recent, double-blind, placebo-controlled studies with MDMA, psilocybin, LSD, and ayahuasca • Includes the work of Rick Doblin, Stanislav Grof, James Fadiman, Julie Holland, Dennis McKenna, David Nichols, Charles Grob, Phil Wolfson, Michael and Annie Mithoefer, Roland Griffiths, Katherine MacLean, and Robert Whitaker Embracing the revival of psychedelic research and the discovery of new therapeutic uses, clinical psychologist Dr. Richard Louis Miller discusses what is happening today in psychedelic medicine--and what will happen in the future--with top researchers and thinkers in this field, including Rick Doblin, Stanislav Grof, James Fadiman, Julie Holland, Dennis McKenna, David Nichols, Charles Grob, Phil Wolfson, Michael and Annie Mithoefer, Roland Griffiths, Katherine MacLean, and Robert Whitaker. Dr. Miller and his contributors cover the tumultuous history of early psychedelic research brought to a halt 50 years ago by the U.S. government as well as offering non-technical summaries of the most recent studies with MDMA, psilocybin, LSD, and ayahuasca. They explore the biochemistry of consciousness and the use of psychedelics for self-discovery and healing. They discuss the use of psilocybin for releasing fear in the terminally ill and the potential for MDMA-assisted psychotherapy in the treatment of PTSD. They examine Dr. Charles Grob's research on the indigenous use and therapeutic properties of ayahuasca and Dr. Gabor Mate's attempt to transport this plant medicine to a clinical setting with the help of Canada's Department of National Health. Dr. Miller and his contributors explore the ongoing efforts to restore psychedelic therapies to the health field, the growing threat of overmedication by the pharmaceutical industry, and the links between psychiatric drugs and mental illness. They also discuss the newly shifting political climate and the push for new research, offering hope for an end to the War on Drugs and a potential renaissance of research into psychedelic medicines around the world.

Psychedelic Refugee Aug 03 2020 A memoir by one of the original female psychedelic pioneers of the 1960s • Shares Rosemary's early experimentation with psychedelics in the 1950s, her development through the psychedelic revolution of the 1960s, and her involvement, at first exciting but then heartbreaking, with Dr. Timothy Leary • Describes her LSD trips with Leary, their time at the famous Millbrook estate, their experiences as fugitives abroad, including their captivity by the Black Panthers in Algeria, and Rosemary's years on the run after she and Timothy separated One of the original female psychedelic pioneers, Rosemary Woodruff Leary (1935-2002) began her psychedelic journey long before her relationship with Dr. Timothy Leary. In the 1950s, she moved to New York City where she became part of the city's most advanced music, art, and literary circles and expanded her consciousness with psilocybin mushrooms and peyote. In 1964 she met two former Harvard professors who were experimenting with LSD, Timothy Leary and Ralph Metzner, who invited her to join them at the Millbrook estate in upstate New York. Once at Millbrook, Rosemary went on to become the wife--and accomplice--of the man Richard Nixon called "the most dangerous man in America." In this intimate memoir, Rosemary describes her LSD experiences and insights, her decades as a fugitive hiding both abroad and underground in America, and her encounters with many leaders of the cultural and psychedelic milieu of the 1960s. Compiled from Rosemary's own letters and autobiographical writings archived among her papers at the New York Public Library, the memoir details Rosemary's imprisonment for contempt of court, the Millbrook raid by G. Gordon Liddy, the tours with Timothy before his own arrest and imprisonment, and their time in exile following his sensational escape from a California prison. She describes their surreal and frightening captivity by the Black Panther Party in Algeria and their experiences as fugitives in Switzerland. She recounts her adventures and fears as a fugitive on five continents after her separation from Timothy in 1971. While most accounts of the psychedelic revolution of the 1960s have been told by men, with this memoir we can now experience these events from the perspective of a woman who was at the center of the seismic cultural changes of that time.

Medical Psychedelics: The Evidence-Based Textbook about the Clinical Applications of Lsd, Psilocybin, Ayahuasca, Dmt, Mdma and Ketamine Mar 30 2020 The last decade have seen a newfound interest in the clinical applications of the psychedelic substances; LSD, psilocybin, MDMA, DMT, ayahuasca and ketamine, which haven't been seen since the pre-prohibition days. Back then, these substances were widely used as an adjunct to psychotherapy in the treatment of severe psychiatric and psychological problems such as PTSD, depression and substance abuse. The current results are extremely promising, and i personally believe a psychedelic revolution is on the way, which will transform the field of psychiatry. There is now a push to make these substances legal medicine again, and a lot of great researchers are working to gather evidence of the safety and efficacy of these substances in various patient populations. This text aims to give an in-depth analysis of what is currently known about the possible medical applications of the psychedelics. It examines the pre- and post -prohibition medical literature as well as the manuals used in the clinical research, and will focus on the practical aspects of psychedelic-mediated therapy. It is the aim to update it on an annual basis, and in this way let it grow with the ever-expanding body of evidence, into a textbook which can be used, when/if these substances become legal medicine again. It is intended for the medial or

psychological-professional, the science-minded psychonaut and the general public, who would like to know more about psychedelic substances in a serious manner.

[A Really Good Day](#) May 24 2022 'Ayelet Waldman is fearless' - Rebecca Solnit 'Genuinely brave and human' - The New York Times 'Wildly brilliant' - Elle The true story of how a renowned writer's struggle with mood storms led her to try a remedy as drastic as it is forbidden: microdoses of LSD. Her fascinating journey provides a window into one family and the complex world of a once-infamous drug seen through new eyes. When a small vial arrives in her mailbox from 'Lewis Carroll,' Ayelet Waldman is at a low point. Her mood storms have become intolerably severe; she has tried nearly every medication possible; her husband and children are suffering with her. So she opens the vial, places two drops on her tongue, and joins the ranks of an underground but increasingly vocal group of scientists and civilians successfully using therapeutic microdoses of LSD. As Waldman charts her experience over the course of a month - bursts of productivity, sleepless nights, a newfound sense of equanimity - she also explores the history and mythology of LSD, the cutting-edge research into the drug, and the byzantine policies that control it. Drawing on her experience as a federal public defender, and as the mother of teenagers, and her research into the therapeutic value of psychedelics, Waldman has produced a book that is eye-opening, often hilarious, and utterly enthralling.

The Immortality Key Sep 04 2020 THE NEW YORK TIMES BESTSELLER As seen on The Joe Rogan Experience! A groundbreaking dive into the role psychedelics have played in the origins of Western civilization, and the real-life quest for the Holy Grail that could shake the Church to its foundations. The most influential religious historian of the 20th century, Huston Smith, once referred to it as the "best-kept secret" in history. Did the Ancient Greeks use drugs to find God? And did the earliest Christians inherit the same, secret tradition? A profound knowledge of visionary plants, herbs and fungi passed from one generation to the next, ever since the Stone Age? There is zero archaeological evidence for the original Eucharist – the sacred wine said to guarantee life after death for those who drink the blood of Jesus. The Holy Grail and its miraculous contents have never been found. In the absence of any hard data, whatever happened at the Last Supper remains an article of faith for today's 2.5 billion Christians. In an unprecedented search for answers, The Immortality Key examines the archaic roots of the ritual that is performed every Sunday for nearly one third of the planet. Religion and science converge to paint a radical picture of Christianity's founding event. And after centuries of debate, to solve history's greatest puzzle. Before the birth of Jesus, the Ancient Greeks found salvation in their own sacraments. Sacred beverages were routinely consumed as part of the so-called Ancient Mysteries – elaborate rites that led initiates to the brink of death. The best and brightest from Athens and Rome flocked to the spiritual capital of Eleusis, where a holy beer unleashed heavenly visions for two thousand years. Others drank the holy wine of Dionysus to become one with the god. In the 1970s, renegade scholars claimed this beer and wine – the original sacraments of Western civilization – were spiked with mind-altering drugs. In recent years, vindication for the disgraced theory has been quietly mounting in the laboratory. The constantly advancing fields of archaeobotany and archaeochemistry have hinted at the enduring use of hallucinogenic drinks in antiquity. And with a single dose of psilocybin, the psychopharmacologists at Johns Hopkins and

NYU are now turning self-proclaimed atheists into instant believers. But the smoking gun remains elusive. If these sacraments survived for thousands of years in our remote prehistory, from the Stone Age to the Ancient Greeks, did they also survive into the age of Jesus? Was the Eucharist of the earliest Christians, in fact, a psychedelic Eucharist? With an unquenchable thirst for evidence, Muraresku takes the reader on his twelve-year global hunt for proof. He tours the ruins of Greece with its government archaeologists. He gains access to the hidden collections of the Louvre to show the continuity from pagan to Christian wine. He unravels the Ancient Greek of the New Testament with the world's most controversial priest. He spelunks into the catacombs under the streets of Rome to decipher the lost symbols of Christianity's oldest monuments. He breaches the secret archives of the Vatican to unearth manuscripts never before translated into English. And with leads from the archaeological chemists at UPenn and MIT, he unveils the first scientific data for the ritual use of psychedelic drugs in classical antiquity. The Immortality Key reconstructs the suppressed history of women consecrating a forbidden, drugged Eucharist that was later banned by the Church Fathers. Women who were then targeted as witches during the Inquisition, when Europe's sacred pharmacology largely disappeared. If the scientists of today have resurrected this technology, then Christianity is in crisis. Unless it returns to its roots. Featuring a Foreword by Graham Hancock, the NYT bestselling author of *America Before*.

Psychedelics and Spirituality Jan 20 2022 Reveals how psychedelics can facilitate spiritual development and direct encounters with the sacred • With contributions by Albert Hofmann, Huston Smith, Stanislav Grof, Charles Tart, Alexander "Sasha" Shulgin, Brother David Steindl-Rast, and many others • Includes personal accounts of Walter Pahnke's Good Friday Experiment as well as a 25-year follow-up with its participants • Explores protocols for ceremonial use of psychedelics and the challenges of transforming entheogenic insights into enduring change Modern organized religion is based predominantly on secondary religious experience--we read about others' extraordinary spiritual encounters with God but have no direct experience ourselves. Yet there exist powerful sacraments to help us directly experience the sacred, to help us seek out the meaning of being human and our place in the universe, and to help us see the sacred in the world that surrounds us. In this book, more than 25 spiritual leaders, scientists, and psychedelic visionaries examine how we can return to the primary spiritual encounters at the basis of all religions through the guided use of psychedelics. With contributions by Albert Hofmann, Huston Smith, Stanislav Grof, Charles Tart, Alexander "Sasha" Shulgin, Brother David Steindl-Rast, Myron Stolaroff, and many others, this book explores protocols for ceremonial and spiritual use of psychedelics, including LSD, psilocybin, ayahuasca, and MDMA, and the challenges of transforming entheogenic insights into enduring change. It examines psychoactive sacraments in the Bible, myths surrounding the use of LSD, and the transformative ayahuasca rituals of Santo Daime. The book also includes personal accounts of Walter Pahnke's Good Friday Experiment as well as a 25-year follow-up with its participants. Dispelling fears of inauthentic spirituality, addiction, and ill-prepared encounters with the holy, this book reveals the potential of psychedelics as catalysts for spiritual development, a path through which faith can directly encounter God's power, and the beginning of a new religious era based on personal spiritual experience.

Psychedelics Dec 19 2021 Could drugs offer a new way of seeing the world? In 1953, in the presence of an investigator, Aldous Huxley took four-tenths of a gramme of mescaline, sat down and waited to see what would happen. When he opened his eyes everything, from the flowers in a vase to the creases in his trousers, was transformed. His account of his experience, and his vision for all that psychedelics could offer to mankind, has influenced writers, artists and thinkers around the world. The unabridged text of *The Doors of Perception* by Aldous Huxley VINTAGE MINIS: GREAT MINDS. BIG IDEAS. LITTLE BOOKS. A series of short books by the world's greatest writers on the experiences that make us human Also in the Vintage Minis series: *Drinking* by John Cheever *Swimming* by Roger Deakin *Eating* by Nigella Lawson *Desire* by Haruki Murakami

American Trip Oct 17 2021 How historical, social, and cultural forces shaped the psychedelic experience in midcentury America, from CIA experiments with LSD to Timothy Leary's Harvard Psilocybin Project. Are psychedelics invaluable therapeutic medicines, or dangerously unpredictable drugs that precipitate psychosis? Tools for spiritual communion or cognitive enhancers that spark innovation? Activators for one's private muse or part of a political movement? In the 1950s and 1960s, researchers studied psychedelics in all these incarnations, often arriving at contradictory results. In *American Trip*, Ido Hartogsohn examines how the psychedelic experience in midcentury America was shaped by historical, social, and cultural forces--by set (the mindset of the user) and setting (the environments in which the experience takes place).

Owsley and Me Nov 06 2020 *Owsley and Me* is a love story set against the background of the Psychedelic Revolution of the '60s. Owsley "Bear" Stanley met her in Berkeley in 1965, when LSD was still legal and he was the world's largest producer and distributor of LSD. Rhoney found herself working in an LSD laboratory, and the third corner in a love triangle. We all know the stories from the '60s—but never from the point of view of a woman finding her way through twisted trails of love, jealousy, and paranoia, all the while personally connecting to the most iconic events and people of her time. Bear supported the Grateful Dead in their early years and gave away as much LSD as he sold—millions of hits. He designed and engineered the infamous Wall of Sound system of the early '70s, just before he began his two years in prison, with Rhoney raising their infant son. He died one year ago, but the era he helped create is now being rediscovered by a new generation interested in the meaning of it all. Today Rhoney Stanley is a practicing holistic orthodontist in Woodstock, New York. This is her first book. Tom Davis was an Emmy Award-winning American writer and comedian. He is best known for being one of the original writers for *Saturday Night Live* and for his former partnership with Al Franken, as half of the comedy duo "Franken & Davis." His memoir *Thirty-Nine Years of Short-Term Memory Loss: The Early Days of SNL from Someone Who Was There* was published in 2010 by Grove Press.

Sacred Knowledge Apr 23 2022 *Sacred Knowledge* is the first well-documented, sophisticated account of the effect of psychedelics on biological processes, human consciousness, and revelatory religious experiences. Based on nearly three decades of legal research with volunteers, William A. Richards argues that, if used responsibly and legally, psychedelics have the potential to assuage suffering and constructively affect the quality of human life. Richards's analysis contributes to social and political debates over the responsible integration of psychedelic substances into modern society. His book serves as an

invaluable resource for readers who, whether spontaneously or with the facilitation of psychedelics, have encountered meaningful, inspiring, or even disturbing states of consciousness and seek clarity about their experiences. Testing the limits of language and conceptual frameworks, Richards makes the most of experiential phenomena that stretch our understanding of reality, advancing new frontiers in the study of belief, spiritual awakening, psychiatric treatment, and social well-being. His findings enrich humanities and scientific scholarship, expanding work in philosophy, anthropology, theology, and religious studies and bringing depth to research in mental health, psychotherapy, and psychopharmacology.

Psychedelics Mar 10 2021 You're about to discover the crucial information regarding psychedelic drugs. It can be overwhelming if you are trying to find honest, factual information because of all the random opinions out there on the internet. You also have to be careful about the misinformation that is coming from online sources, especially those with financial incentives. This book serves to be an unbiased guide so that you can understand all of the important information before you invest money or time into trying various psychedelic drugs. This book goes into the origins and history of psychedelic drugs, how they work, the various types of psychedelics, the positive and negative effects of consuming them, as well as the legality and dangers involved. By investing in this book, you can get a grasp of the topic so that you can make a solid decision about what you put into your body, or even help other people in your life.

The Psychedelic Explorer's Guide Jul 14 2021 Psychedelics for spiritual, therapeutic, and problem-solving use • Presents practices for safe and successful psychedelic voyages, including the benefits of having a guide and how to be a guide • Reviews the value of psychedelics for healing and self-discovery as well as how LSD has facilitated scientific and technical problem-solving • Reveals how microdosing (ultr-low doses) improve cognitive functioning, emotional balance, and physical stamina • This year 600,000 people in the U.S. alone will try LSD for the first time, joining the 23 million who have already experimented with this substance Called "America's wisest and most respected authority on psychedelics and their use," James Fadiman has been involved with psychedelic research since the 1960s. In this guide to the immediate and long-term effects of psychedelic use for spiritual (high dose), therapeutic (moderate dose), and problem-solving (low dose and microdose) purposes, Fadiman outlines best practices for safe, sacred entheogenic voyages learned through his more than 40 years of experience--from the benefits of having a sensitive guide during a session (and how to be one) to the importance of the setting and pre-session intention. Fadiman reviews the newest as well as the neglected research into the psychotherapeutic value of visionary drug use for increased personal awareness and a host of serious medical conditions, including his recent study of the reasons for and results of psychedelic use among hundreds of students and professionals. He reveals new uses for LSD and other psychedelics, including microdosing, extremely low doses, for improved cognitive functioning and emotional balance. Cautioning that psychedelics are not for everyone, he dispels the myths and misperceptions about psychedelics circulating in textbooks and clinics as well as on the internet. Exploring the life-changing experiences of Ram Dass, Timothy Leary, Aldous Huxley, and Huston Smith as well as Francis Crick and Steve Jobs, Fadiman shows how psychedelics, used wisely, can lead not only to healing but also to scientific

breakthroughs and spiritual epiphanies.

Trip Jun 25 2022 Part memoir, part history, part journalistic exposé, *Trip* is a look at psychedelic drugs, literature, and alienation from one of the twenty-first century's most innovative novelists--The Electric Kool-Aid Acid Test for a new generation. A Vintage Original. While reeling from one of the most creative--but at times self-destructive--outpourings of his life, Tao Lin discovered the strange and exciting work of Terence McKenna. McKenna, the leading advocate of psychedelic drugs since Timothy Leary, became for Lin both an obsession and a revitalizing force. In *Trip*, Lin's first book-length work of nonfiction, he charts his recovery from pharmaceutical drugs, his surprising and positive change in worldview, and his four-year engagement with some of the hardest questions: Why do we make art? Is the world made of language? What happens when we die? And is the imagination more real than the universe? In exploring these ideas and detailing his experiences with psilocybin, DMT, salvia, and cannabis, Lin takes readers on a trip through nature, his own past, psychedelic culture, and the unknown.

Consciousness Medicine Jan 28 2020 A comprehensive guide to the safe and ethical application of expanded states of consciousness for therapists, healing practitioners, and sincere explorers Psychedelic medicines also known as entheogens are entering the mainstream. And it's no wonder: despite having access to the latest wellness trends and advances in technology, we're no healthier, happier, or more meaningfully connected. Psilocybin mushrooms, ayahuasca, and LSD—as well as other time-tested techniques with the power to shift consciousness such as drumming, meditation, and vision quests—are now being recognized as potent catalysts for change and healing. But how do we ensure that we're approaching them effectively? Françoise Bourzat—a counselor and experienced guide with sanctioned training in the Mazatec and other indigenous traditions—and healer Kristina Hunter introduce a holistic model focusing on the threefold process of preparation, journey, and integration. Drawing from more than thirty years of experience, Bourzat's skillful and heartfelt approach presents the therapeutic application of expanded states, without divorcing them from their traditional contexts. *Consciousness Medicine* delivers a coherent map for navigating nonordinary states of consciousness, offering an invaluable contribution to the field of healing and transformation.

Neuropsychedelica Mar 22 2022 *Neuropsychedelica* examines the revival of psychedelic science since the "Decade of the Brain." After the breakdown of this previously prospering area of psychopharmacology, and in the wake of clashes between counterculture and establishment in the late 1960s, a new generation of hallucinogen researchers used the hype around the neurosciences in the 1990s to bring psychedelics back into the mainstream of science and society. This book is based on anthropological fieldwork and philosophical reflections on life and work in two laboratories that have played key roles in this development: a human lab in Switzerland and an animal lab in California. It sheds light on the central transnational axis of the resurgence connecting American psychedelic culture with the home country of LSD. In the borderland of science and religion, *Neuropsychedelica* explores the tensions between the use of hallucinogens to model psychoses and to evoke spiritual experiences in laboratory settings. Its protagonists, including the anthropologist himself, struggle to find a place for the mystical under conditions of late-modern materialism.

Philosophy of Psychedelics Aug 15 2021 Recent clinical trials show that psychedelics such as LSD and psilocybin can be given safely in controlled conditions, and can cause lasting psychological benefits with one or two administrations. Supervised psychedelic sessions can reduce symptoms of anxiety, depression, and addiction, and improve well-being in healthy volunteers, for months or even years. But these benefits seem to be mediated by "mystical" experiences of cosmic consciousness, which prompts a philosophical concern: do psychedelics cause psychological benefits by inducing false or implausible beliefs about the metaphysical nature of reality? This book is the first scholarly monograph in English devoted to the philosophical analysis of psychedelic drugs. Its central focus is the apparent conflict between the growing use of psychedelics in psychiatry and the philosophical worldview of naturalism. Within the book, Letheby integrates empirical evidence and philosophical considerations in the service of a simple conclusion: this "Comforting Delusion Objection" to psychedelic therapy fails. While exotic metaphysical ideas do sometimes come up, they are not, on closer inspection, the central driver of change in psychedelic therapy. Psychedelics lead to lasting benefits by altering the sense of self, and changing how people relate to their own minds and lives—not by changing their beliefs about the ultimate nature of reality. The upshot is that a traditional conception of psychedelics as agents of insight and spirituality can be reconciled with naturalism (the philosophical position that the natural world is all there is). Controlled psychedelic use can lead to genuine forms of knowledge gain and spiritual growth—even if no Cosmic Consciousness or transcendent divine Reality exists. *Philosophy of Psychedelics* is an indispensable guide to the literature for researchers already engaged in the field of psychedelic psychiatry, and for researchers—especially philosophers—who want to become acquainted with this increasingly topical field.

Changing Our Minds Apr 30 2020 *Changing Our Minds* is an experiential tour through a social, spiritual and scientific revolution that is redefining our culture's often-confusing relationship with psychoactive substances. Veteran journalist Don Lattin chronicles the inspiring stories of pioneering neuroscientists, psychotherapists, spiritual guides and ordinary people seeking to live healthier lives by combining psychedelic drugs, psychotherapy, and the wise use of ancient plant medicines. In ground-breaking clinical trials, specially trained therapists employ Ecstasy (MDMA) to help U.S. veterans struggling with the psychological aftermath of war. Other psychiatrists in government-approved research offer psilocybin to alcoholics trying to get sober and cancer patients struggling with the existential distress of a life-threatening illness. Meanwhile, new imaging technology has enabled neuroscientists to map the psychedelic brain in real time, deepening our understanding of human consciousness. *Changing Our Minds* is the essential primer for understanding and navigating this new consciousness-raising territory.

This Is Your Mind on Plants Nov 18 2021 The instant New York Times bestseller | A Washington Post Notable Book | One of NPR's Best Books of the Year "Expert storytelling . . . [Pollan] masterfully elevates a series of big questions about drugs, plants and humans that are likely to leave readers thinking in new ways." —New York Times Book Review From #1 New York Times bestselling author Michael Pollan, a radical challenge to how we think about drugs, and an exploration into the powerful human attraction to psychoactive plants—and the equally powerful taboos. Of all the things humans rely on plants for—sustenance,

beauty, medicine, fragrance, flavor, fiber—surely the most curious is our use of them to change consciousness: to stimulate or calm, fiddle with or completely alter, the qualities of our mental experience. Take coffee and tea: People around the world rely on caffeine to sharpen their minds. But we do not usually think of caffeine as a drug, or our daily use as an addiction, because it is legal and socially acceptable. So, then, what is a “drug”? And why, for example, is making tea from the leaves of a tea plant acceptable, but making tea from a seed head of an opium poppy a federal crime? In *This Is Your Mind on Plants*, Michael Pollan dives deep into three plant drugs—opium, caffeine, and mescaline—and throws the fundamental strangeness, and arbitrariness, of our thinking about them into sharp relief. Exploring and participating in the cultures that have grown up around these drugs while consuming (or, in the case of caffeine, trying not to consume) them, Pollan reckons with the powerful human attraction to psychoactive plants. Why do we go to such great lengths to seek these shifts in consciousness, and then why do we fence that universal desire with laws and customs and fraught feelings? In this unique blend of history, science, and memoir, as well as participatory journalism, Pollan examines and experiences these plants from several very different angles and contexts, and shines a fresh light on a subject that is all too often treated reductively—as a drug, whether licit or illicit. But that is one of the least interesting things you can say about these plants, Pollan shows, for when we take them into our bodies and let them change our minds, we are engaging with nature in one of the most profound ways we can. Based in part on an essay published almost twenty-five years ago, this groundbreaking and singular consideration of psychoactive plants, and our attraction to them through time, holds up a mirror to our fundamental human needs and aspirations, the operations of our minds, and our entanglement with the natural world.

The Divine Spark: A Graham Hancock Reader Jul 02 2020 This anthology is aimed at all those who are interested in the connection between consciousness, psychedelics, and the development of humankind. Bestselling author Graham Hancock has been writing and speaking about this to audience’s worldwide, including a controversial TEDx talk on ayahuasca and DMT, which some call the god molecule. Graham Hancock leads the charge in this collection of the latest thinking on consciousness with a particular focus on the use of psychedelics to open up the realm of the supernatural. Leading minds and radical thinkers including Dennis McKenna, Rick Doblin, Alex Greg, Russell Brand, and Rick Strassman illuminate the topic like never before. Contributors include: Mike Alvernia, Russell Brand, David Jay Brown, Paul Devereux, Rick Doblin, Amanda Fielding, Nassim Haramein, Martina Hoffman, Don Lattin, Eduardo Luna, Dennis McKenna, Thad McKraken, Rak Razam, Gabriel Roberts, Thomas B. Roberts, Robert Schoch, Mark Seelig, Rick Strassman, and Robert Tindall.

Psychedelic Psychiatry Sep 23 2019 In the early 1950s, the leading centre of the world for LSD research was Weyburn, Saskatchewan, where two psychiatrists sought to revolutionize the treatment of mental illness and, in the process, gave rise to a new form of therapy: psychedelic psychiatry. *Psychedelic Psychiatry* is the tale of medical researchers working to understand LSD’s therapeutic properties just as escalating anxieties about drug abuse in modern society laid the groundwork for the end of experimentation at the edge of psychopharmacology. Historian Erika Dyck deftly recasts our understanding of LSD to show it as

an experimental substance, a medical treatment, and a tool for exploring psychotic perspectives. She recounts the inside story of the early days of LSD research in small-town, prairie Canada, when Humphry Osmond and Abram Hoffer claimed incredible advances in treating alcoholism, understanding schizophrenia and other psychoses, and achieving empathy with their patients. In relating the drug's short, strange trip, Dyck explains how societal concerns about countercultural trends led to the criminalization of LSD and other so-called psychedelic drugs. In this well-written and fascinating book, she confronts the ethical dilemmas of the time and challenges the prevailing wisdom behind drug regulation and addiction therapy.

The Psychedelic Experience Aug 27 2022 Years after the Summer of Love, the promise of the psychoactive 1960s—that deeper self-awareness and greater harmony can be achieved through reality-bending substances and practices—is close to becoming a mainstream phenomenon. The signs are everywhere, from a renewed interest in the therapeutic effects of LSD to the popularity of ayahuasca trips and the annual spectacle of Burning Man. *The Psychedelic Experience*, created by the prophetic shaman-professors Timothy Leary, Ralph Metzner, and Richard Alpert (Ram Dass), is a foundational text that serves as a model and a guide for all subsequent mind-expanding inquiries. Based on a unique interpretation of *The Tibetan Book of the Dead*, *The Psychedelic Experience* remains a vital testament to broadening spiritual consciousness through a combination of Tibetan meditation techniques and psychotropic substances. For a new generation seeking the trip of a lifetime, *The Psychedelic Experience* is the essential guidebook to getting there.

How to Change Your Mind Sep 28 2022 “Pollan keeps you turning the pages . . . cleareyed and assured.” —New York Times A #1 New York Times Bestseller, New York Times Book Review 10 Best Books of 2018, and New York Times Notable Book A brilliant and brave investigation into the medical and scientific revolution taking place around psychedelic drugs--and the spellbinding story of his own life-changing psychedelic experiences When Michael Pollan set out to research how LSD and psilocybin (the active ingredient in magic mushrooms) are being used to provide relief to people suffering from difficult-to-treat conditions such as depression, addiction and anxiety, he did not intend to write what is undoubtedly his most personal book. But upon discovering how these remarkable substances are improving the lives not only of the mentally ill but also of healthy people coming to grips with the challenges of everyday life, he decided to explore the landscape of the mind in the first person as well as the third. Thus began a singular adventure into various altered states of consciousness, along with a dive deep into both the latest brain science and the thriving underground community of psychedelic therapists. Pollan sifts the historical record to separate the truth about these mysterious drugs from the myths that have surrounded them since the 1960s, when a handful of psychedelic evangelists inadvertently catalyzed a powerful backlash against what was then a promising field of research. A unique and elegant blend of science, memoir, travel writing, history, and medicine, *How to Change Your Mind* is a triumph of participatory journalism. By turns dazzling and edifying, it is the gripping account of a journey to an exciting and unexpected new frontier in our understanding of the mind, the self, and our place in the world. The true subject of Pollan's "mental travelogue" is not just psychedelic drugs but also the eternal puzzle of human consciousness and how, in a world that offers us both suffering

and joy, we can do our best to be fully present and find meaning in our lives.

Psychedelics and Psychotherapy Jan 08 2021 • Examines the therapeutic potential of expanded states, underground psychedelic psychotherapy, harm reduction, new approaches for healing individual and collective trauma, and training considerations • Addresses challenging psychedelic experiences, spiritual emergencies, and the central importance of the therapeutic relationship • Details the use of cannabis as a psychedelic tool, spiritual exploration with LSD, micro-dosing with Iboga, and MDMA-assisted psychotherapy for PTSD Exploring the latest developments in the flourishing field of modern psychedelic psycho-therapy, this book shares practical experiences and insights from both elders and newer research voices in the psychedelic research and clinical communities. The contributors examine new findings on safe and skillful work with psychedelic and expanded states for therapeutic, personal, and spiritual growth. They explain the dual process of opening and healing. They explore new approaches for individual inner work as well as for the healing of ancestral and collective trauma. They examine the power of expanded states for reparative attachment work and offer insights on the integration process through the lens of Holotropic Breathwork. The contributors also examine the use of cannabis as a psychedelic tool, spiritual exploration with LSD, microdosing with Iboga, treating depression with psilocybin, and MDMA-assisted psychotherapy for PTSD. Revealing diverse ways of working with psychedelics in terms of set, setting, and type of substance, the book concludes with discussions of ethics and professional development for those working in the field as well as explores considerations for training the next generation of psychedelic therapists.

How Psychedelics Can Help Save the World May 12 2021 • With contributions from Christopher Bache, Zoe Helene, Dennis McKenna, Martina Hoffmann, The Dank Duchess, Jamie Wheal, Grandmother Maria Alice, and others • Explores the immense healing intelligence of nature, the wisdom of ancient Indigenous prophecies and shamanic practices, the importance of the Divine Feminine for environmental regeneration, and the crucial role of psychedelic and entheogenic plants in initiating transformations of consciousness Exploring the way forward for humanity in the face of unprecedented crisis, more than 25 contributors show how the wisdom of Indigenous peoples and the power of psychedelics can help us enact the radical shift in consciousness necessary to navigate the collapse of the old world order and the birth of a new consciousness. We hear from psychedelic visionaries Christopher Bache, Zoe Helene, Wade Davis, Chris Kilham, Laurel Sugden, and others on the promise of psychedelic medicines for spiritual and healing work. We learn about Indigenous stories to support our transformation from Native American leader Solana Booth, ancestral memory from Grandmother Maria Alice Campos Freire, cannabis's role in world building from Minelli Eustácio-Costa, the ritual roots of talking plants from Michael Stuart Ani, and alchemy across the arc of time from shaman Ya'Acov Darling Khan. We also hear from cannabis grower The Dank Duchess; Tyson Yunkaporta, Australian Aboriginal artist and scholar; visionary artist Martina Hoffmann; activist Duane Elgin; Kohenet Rachel Kann, ordained Jewish priestess and ceremonialist; and several other wise leaders for our time. Throughout these profound essays we are reminded of the immense healing intelligence of our plant allies, of the wisdom of shamanic practices, of the importance of the Divine Feminine for

environmental regeneration, and of the crucial role of entheogenic plants in initiating transformations of consciousness and healing our world's collective disconnection from Spirit.

The Wild Kindness Dec 07 2020 A funny, lyrically brilliant memoir of learning to grow psychedelic mushrooms and discovering the vast power of mycelium wisdom and medicine.

Behavioral Neurobiology of Psychedelic Drugs Apr 11 2021 This volume brings together the latest basic and clinical research examining the effects and underlying mechanisms of psychedelic drugs. Examples of drugs within this group include LSD, psilocybin, and mescaline. Despite their structural differences, these compounds produce remarkably similar experiences in humans and share a common mechanism of action. Commonalities among the substances in this family are addressed both at the clinical and phenomenological level and at the basic neurobiological mechanism level. To the extent possible, contributions relate the clinical and preclinical findings to one another across species. The volume addresses both the risks associated with the use of these drugs and the potential medical benefits that might be associated with these and related compounds.

Moksha Oct 29 2022 Selected writings from the author of *Brave New World* and *The Doors of Perception* on the role of psychedelics in society. • Includes letters and lectures by Huxley never published elsewhere. In May 1953 Aldous Huxley took four-tenths of a gram of mescaline. The mystical and transcendent experience that followed set him off on an exploration that was to produce a revolutionary body of work about the inner reaches of the human mind. Huxley was decades ahead of his time in his anticipation of the dangers modern culture was creating through explosive population increase, headlong technological advance, and militant nationalism, and he saw psychedelics as the greatest means at our disposal to "remind adults that the real world is very different from the misshapen universe they have created for themselves by means of their culture-conditioned prejudices." Much of Huxley's writings following his 1953 mescaline experiment can be seen as his attempt to reveal the power of these substances to awaken a sense of the sacred in people living in a technological society hostile to mystical revelations. *Moksha*, a Sanskrit word meaning "liberation," is a collection of the prophetic and visionary writings of Aldous Huxley. It includes selections from his acclaimed novels *Brave New World* and *Island*, both of which envision societies centered around the use of psychedelics as stabilizing forces, as well as pieces from *The Doors of Perception* and *Heaven and Hell*, his famous works on consciousness expansion.

Breaking Convention Dec 27 2019 "Presents essays and articles exploring the history, use, and benefits of psychedelics from the international conference of the same name"--

Zig Zag Zen Aug 23 2019 More than ever, people are in pursuit of greater fulfillment in their lives, seeking a deeper spiritual truth and strategies for liberation from suffering. Both Buddhism and psychedelics are subjects that one encounters in such spiritual pursuit. Edited by Tricycle contributing editor Allan Badiner and art edited by renowned visionary artist Alex Grey, *Zig Zag Zen* features a foreword by Buddhist scholar Stephen Batchelor, a preface by historian of religion Huston Smith and numerous essays, interviews, and art that lie outside the scope of mainstream anthologies. This new edition of the classic work on

Buddhism and psychedelics includes a recent interview with Rick Doblin, founder of MAPS, contributions from Ralph Metzner, James Fadiman and Kokyo Henkel, and a discussion of ayahuasca's unique influence on Zen Buddhism. Packed with enlightening entries offering eye-opening insights into alternate methods of inner exploration.

Psychedelic Psychiatry Sep 16 2021 This challenge to the prevailing wisdom behind drug regulation and addiction therapy provides a historical corrective to our perception of LSD's medical efficacy.

Mescaline Feb 27 2020 A definitive history of mescaline that explores its mind-altering effects across cultures, from ancient America to Western modernity Mescaline became a popular sensation in the mid-twentieth century through Aldous Huxley's *The Doors of Perception*, after which the word "psychedelic" was coined to describe it. Its story, however, extends deep into prehistory: the earliest Andean cultures depicted mescaline-containing cacti in their temples. Mescaline was isolated in 1897 from the peyote cactus, first encountered by Europeans during the Spanish conquest of Mexico. During the twentieth century it was used by psychologists investigating the secrets of consciousness, spiritual seekers from Aleister Crowley to the president of the Church of Jesus Christ of Latter-day Saints, artists exploring the creative process, and psychiatrists looking to cure schizophrenia. Meanwhile peyote played a vital role in preserving and shaping Native American identity. Drawing on botany, pharmacology, ethnography, and the mind sciences and examining the mescaline experiences of figures from William James to Walter Benjamin to Hunter S. Thompson, this is an enthralling narrative of mescaline's many lives.

The Psilocybin Connection Feb 09 2021 A comprehensive guide to psilocybin mushrooms and their impact on our psychology, biology, and social development. How—and why—do psychedelics exist? Did psilocybin catalyze our early human ancestors' social evolution? And how can an integral understanding of psychedelics quite literally change the world? In an ambitious and comprehensive look at psilocybin—and an inside look at how humanity co-evolved alongside "magic" mushrooms—Jahan Khamsehzadeh, PhD, explores our historical and ancestral relationship to psychedelics and presents new and exciting research about what psilocybin can mean for us today. Separated into three sections—Present, Past, and Future—*The Psilocybin Connection* advances our understanding of psychedelics in unexpected and original ways. Khamsehzadeh shares compelling research that suggests how naturally occurring psychedelics may have played an essential role in humanity's social, cultural, and linguistic evolution. Supported by archaeological evidence, neuroscience, and academic studies, he explores how mushrooms gave rise to art and expression, impacted spiritual experiences, and even spurred human brain development. Blending the most comprehensive and up-to-date synthesis of psilocybin research with stories of his own and others' psychedelic awakenings, Khamsehzadeh moves our understanding of the psychedelic mushroom forward toward a fresh, hopeful, and exciting future.

Outside Looking In Jun 01 2020 One family's adventures in LSD: the brilliantly strange new novel from the mind of 'one of the most inventive, adventurous and accomplished fiction writers in the US today' (Lionel Shriver) Chosen as a Book of the Year 2019 by the Herald It is Harvard in the early 1960s. Just off campus, Dr Timothy Leary plays host for his PhD students, laying on a spread of cocktails, pizza and LSD. Among the guests is Fitzhugh Loney, a psychology student, and his librarian wife Joanie.

Married young, and both diligently and unglamorously toiling to support their son, they are not the sort of people one would expect to be seduced by the nascent drug culture. But their nights on LSD prove so extraordinary – so revelatory, so earth-shattering, so downright seductive – that Fitzhugh and Joanie are soon captive to the whims of the charismatic and subversive Dr Tim. Follow Fitzhugh and Joanie on their quest for transcendence, as sultry Mexican nights at Hotel Catalina give way to a ramshackle mansion in upstate New York, where thirty devotees – students, wives and children – play out the final act of a terrible, beautiful experiment. Join us, won't you? It's going to be one hell of a trip.

Beyond Zero and One Nov 25 2019 “Andrew Smart deftly shows why it’s time for us to think deeply about thinking machines before they begin thinking deeply about us.” —Douglas Rushkoff, author, *Escaping the Growth Trap, Present Shock, and Program or Be Programmed* “Provocative and cool.” —Cory Doctorow “Forget the Turing test—will the supersmart AIs that we hear so much about these days pass the acid test? In this playful, informative, and prescient book, Andrew Smart brings psychedelics into dialogue with neuroscience in order to challenge the whiz-bang computational views of human and machine sentience that dominate the headlines. Giving robots LSD sounds like a joke, but Smart is dead serious in his critique of the hidden and sometimes dangerous biases that underlie both popular and scientific fantasies of digital minds.” —Erik Davis, host of “Expanding Mind” and author, *Techgnosis: Myth, Magic, and Mysticism in the Age of Information* “Philosophy, psychedelics, robots, and the future; consciousness and intelligence, what else do you desire? Here you will see why those machines that reach singularity will be smarter than us and take over the world—and shall need to be conscious...and maybe they can only be conscious if they are human enough. The thesis of the book, and the path shown us by Smart, leads to a great trip, of imagination and philosophy, of maths and neuroscience.” —Dr. Tristan Bekinschtein, Lecturer, Department of Psychology, University of Cambridge Can we build a robot that trips on acid? This is not a frivolous question, according to neuroscientist Andrew Smart. If we can't, he argues, we haven't really created artificial intelligence. In an exposition reminiscent of crossover works such as Gödel, Escher, Bach and Fermat's Last Theorem, Andrew Smart weaves together Mangarevan binary numbers, the discovery of LSD, Leibniz, computer programming, and much more to connect the vast but largely forgotten world of psychedelic research with the resurgent field of AI and the attempt to build conscious robots. A book that draws on the history of mathematics, philosophy, and digital technology, *Beyond Zero and One* challenges fundamental assumptions underlying artificial intelligence. Is the human brain based on computation? Can information alone explain human consciousness and intelligence? Smart convincingly makes the case that true intelligence, and artificial intelligence, requires an appreciation of what is beyond the computational.

Writing on Drugs Jul 22 2019 Through a series of close, fascinating examinations of writing on drugs via, among others, Coleridge on opium, Freud on cocaine, Michaux on mescaline, and Burroughs on all of them, *Writing on Drugs* combines literary criticism with both socio-cultural history and pharmacological science to show how and why drugs have so thoroughly invaded modernity in ways precise and various, profound and unique. Right or wrong, safe or dangerous, Plant illustrates that narcotics, stimulants, and hallucinogens have actually been integral to the cultural life of modern times. They have shaped some of the era's

most fundamental philosophies and provided much of its economic wealth. They have even exposed the neurochemistry of the human brain, which, like society itself, has never been drug-free. *Writing on Drugs* fully and compellingly explores the pervasive and ongoing influence of drugs on contemporary thought, word, and deed.

Moksha Jul 26 2022

Handbook of Medical Hallucinogens Feb 21 2022 "Given the limited effectiveness of conventional treatment options for many psychological disturbances, there is growing recognition of the need for innovation, and a willingness to examine even compounds once considered taboo, in the search for more efficacious treatments. With that in mind, our end goal with this volume is to create a comprehensive, trans-disciplinary guide that describes the current status of research. The book begins with a thorough discussion of the pharmacology of what are often called the "classic" or "serotonergic" hallucinogens, for which Nichols prefers the term "psychedelics." Following this are several chapters exploring the social, cultural, and political contexts in which the hallucinogens have been used over time. The book also provides an introduction to research conducted in the fields of anthropology and ethnobotany"--